

October 2-4, 2019



Winds of Change

FASD Conference - Vernon

FASD Okanagan Valley Assessment and Support Society –
Vernon B,C.

Prestige Inn and Conference Centre – Vernon

441 1 - 32 Street, 4411 – 32 Street

Vernon, British Columbia

Conference Objective, Audience, Location

Objectives:

This event will include meaningful discussions on the latest research and practices in FASD prevention, assessment and support. Over the course of the conference, participants can expect to:

- Increase their knowledge on recent developments in the field of FASD;
- Acquire knowledge of evidence-based, best practice tools to navigate individuals and caregivers through different stages of life, justice and community services;
- Increase understanding and awareness the impact of FASD has on the lives of individuals and their caregivers;
- Network and share with people from all areas of the FASD community.

Audience:

This conference will be of interest to:

Caregivers and families	Justice and corrections workers	Social workers
Individuals with FASD	Family support workers	Mental health workers
Community support staff	Medical professionals	Alcohol and drug workers
Front-line service workers	Educators	Elected officials
Educational Assistants		

Location:

Prestige Inn and Conference Centre

441 1 - 32 Street,
Vernon, British Columbia
V1T 9G8
1 888 – 347 – 2319 (for reservations)

The Prestige has reserved 60 rooms for the conference at a conference rate of \$102./night. It is recommended that reservations be made as soon as possible to ensure availability. Please inform the reservation desk you are attending the FASD Conference to receive the room rate.

Other hotels in the area include:

Best Western	Holiday Inn	Village Green
Sandman Inn	Vernon Lodge	

Vernon and area also host many “Bed and Breakfast”. These can be located through the internet.

Conference at a Glance

Wednesday, October 2, 2019

9:00 - 3:00	Danna Ormstrup, Pam Henheffer "FASD Today"
9:00 - 3:00	Myles Himmelreich, Bernadette O'Donnell "Train the Trainer Workshop" - facilitating peer led support groups

Thursday, October 3, 2019

8:00 – 8:30	Conference Opening		
8:30 – 9:30	Dr. Jennifer Charlesworth – Representative for Child and Youth Services "Changes in the Wind"		
9:30 – 10:30	Panel of Adults Diagnosed with FASD How To Live Successfully with Supports and FASD		
10:45 – 12:00 Break Outs	Danna Ormstrup FASD 101	Margaret Newbury-Jones Sexuality and FASD (<i>Part 1 of 2</i>)	Constable Peter Wigland Policing and FASD
12:00 – 1:00	Lunch - provided		
1:00 – 2:15 Break Outs	Dr. Rod Densmore The Impact of Prenatal Alcohol Exposure on the Whole Body	Margaret Newbury-Jones Sexuality and FASD (Part 2 of 2) This is NOT a repeat session	Julie Nanson FASD Assessment and the Incarceration Process
2:30 – 4:00 Key Note	Joe Roberts "The Push for Change"		
4:00	Close		
	Evening Events – participation optional		
5:30 – 8:30	Karaoke: "For the Love of Song" good music, fun and networking. Bar and food will be available but is not included in the conference fee.		
7:00 – 8:30	"Caregivers Matter" Support and Networking Meeting		

Friday, October 4, 2019

8:00 – 8:15	Opening		
8:15 – 9:15	Tim Windle and David Gerry – The Pilot Housing Project in Abbotsford, B.C. – From the Ground - Up (This will be a video interactive session from Dublin, Ireland and Abbotsford, B.C.)		
9:15 – 10:30	Panel of Various Types of Caregivers The Calm and the Storm		
10:45 – 12:00	Cori Christiansen FASD in the Schools	Dr. Rod Densmore Transition from Youth to Adult	Nicole Williams Indigenous Community and Family Support
2:00 – 12:15	Conference Close		
12:15 – 1:00	Lunch (Provided)		
2:30 – 1:00	AGM -FASD Okanagan Valley Assessment and Support Society		

Conference Registration

Registrant Information:

First Name		Last Name	
Email		Phone	
Address			Job Title
Organization affiliated with			
Food allergies Food concerns			

Muffins, bakery goods, beverages and lunches will be provided. All foods are made in house by certified chefs.

Pre-Conference Choice: Please check your choice of the full day session you will be attending.

#1, 2, choice	October 2, Wednesday Full Day Sessions
	Danna Ormstrup, Pam Henheffer Think FASD
	Myles Himmelreich, Bernadette O'Donnell Train the Trainer: Training to Lead Adult FASD Peer Lead Support Groups

Breakout session Choices: Please indicate your first, second choice for **each** of the break-out sessions.

#1, 2, choice	Thursday, October 3, Morning
	Danna Ormstrup, Pam Henheffer FASD 101 - Everything You Wanted You Ask.
	Margaret Newbury Jones Sexuality and FASD (Part 1 of 2. This is a full day session.)
	Constable Peter Wigland RCMP / Community Police and FASD – Best Practice

#1, 2, choice	Thursday, October 3, Afternoon
	Dr. Rod Densmore , Myles Himmelreich, CJ Lutke The Impact of Prenatal Alcohol Exposure on the Whole Body
	Margaret Newbury-Jones Sexuality and FASD (Part 2 of 2. This is a continuation of Part 1)
	Julie Nanson FASD and Corrections Facilities

#1, 2, choice	Friday, October 4, Morning
	Dr. Rod Densmore Transitioning – Youth to Adult
	Nicole Williams Indigenous Family and Community Support
	Cori Christensen FASD Support in the Schools

Conference Cost

Cost of Conference:

Full Conference (Wednesday Thursday and Friday) \$130.00

- A subsidy is available for adults diagnosed with FASD. Please call the office (250 938 5022) to learn more.

PHOTO/VIDEO RELEASE

The conference committee will be taking photos and videos throughout the conference that MAY be used for educational or promotional purposes. Please sign below to give consent for photos or videos that include you to be used in future videos/ slideshows I consent to the use of my photo or videos including me to be used for FASD education and/or promotional purposes to be used by the FASD Vernon Conference partners.

Signature: _____ Date: _____

How to Pay:

- _____ Cash (please do not mail cash)
- _____ Cheque (**payable to: FASD Okanagan Valley Assessment and Support Society**)
FORWARD PAYMENT TO: FASD Okanagan Valley Assessment and Support Society
C/O Bernadette O'Donnell
#104 3402 27 Ave
Vernon, BC V1T 1S1
- _____ Credit Card – available on the website: www.FASDOkanagan.com

CANCELLATION POLICY

Cancellations/ Voluntary withdrawals should be sent in writing info@FASDokanagan.ca. Cancellations will be accepted without penalty until September 20, 2016. No refund or withdrawals after September 20.



Conference Host and Speaker**Myles Himmelreich –**

Myles Himmelreich is a well-known motivational speaker successfully living with FASD (Fetal Alcohol Spectrum Disorder). He has presented nationally and internationally for many years; sharing his experiences of living with a disability. For many years, he has also hosted provincial and international FASD conferences across Canada and beyond. He has done a great deal of work as a consultant to many different agencies, and organizations dealing with: criminal justice systems, teachers, support professionals, paraprofessionals, caregivers, doctors, and most importantly parents and individuals with disabilities themselves. Myles was also a co-lead of a ground-breaking study on the health and physical issues of adults living with FASD. His goal is to bring awareness, acceptance and a true understanding of living with a disability to his audiences.

For over 10 years, Myles has been facilitating non-traditional support groups for adults with FASD. Myles will also be co-facilitating a full day training workshop for those who would like to obtain the knowledge and skills to offer a "Peer Led Support Group" for adults with FASD in their community. These groups have been proven to result in individuals being able to advocate for themselves, find and maintain housing, employment, healthy relationships and improved mental health. Recidivism is dramatically reduced and quality parenting becomes possible.

Key Note Speakers:**Dr. Jennifer Charlesworth - Representative for Child and Youth for B.C.**

Dr. Charlesworth lives in the traditional territories of the Lekwungen and WSÁNEĆ peoples. She has a PhD in Child and Youth Care from the University of Victoria, and an MBA from Oxford Brookes University in Oxford, England. She is also an award-winning teacher, author, activist and a parent of two vibrant young women who remind her daily of the power and promise of young people.

Dr. Jennifer Charlesworth is British Columbia's Representative for Children and Youth. She has worked in the B.C. social and health care sectors since 1977. From 1980 through 1992, she served in front-line child welfare, social policy, program management and executive roles within government, and was engaged in formative work on deinstitutionalization, community inclusion for people with disabilities, women's and girls' health, mental health and youth services.

During her tenure, she worked with Indigenous organizations to co-create new ways to support Indigenous children, youth and families. Dr. Charlesworth also co-led a comprehensive review of child and youth residential care in collaboration with the Ministry of Children and Family Development.

Since 2016, Dr. Charlesworth has also been working with Chief Wedlidi Speck and many other leaders to inspire culturally safer workplaces and services for Indigenous staff and people served.

Joe Roberts aka The Skid-row CEO- The Push for Change

Joe Roberts is an expert on resiliency and change. Having experienced both catastrophic failure and extraordinary success, he teaches how to overcome the roadblocks that get in the way of high performance. He helps individuals redefine what's truly possible by confronting limiting mindsets.

What is most amazing about Joe is that in 1989 he was living on the streets of Vancouver as a homeless skid row addict. Through perseverance, determination and his resilient human spirit, Joe pulled himself out of homelessness in East Hastings, Vancouver - darkness and despair, to become a highly respected business and community leader. He tackles the stigma associated with mental health and addiction in a straightforward authentic way and shares tools needed to build resiliency in any situation.

Since 1989, Joe has acquired two college diplomas, became the CEO of one of Vancouver's leading multimedia companies, walked across Canada and achieved more success than he could ever have imagined. Joe has been recognized by MacLean's Magazine as one of "10 Canadians who make a difference," won the BC Courage to Come Back Award, received The Ontario Premier's Award for Business, was given an Honorary Doctorate from Laurentian University and was recognized by the Senate of Canada with their Canada 150 Medal. Recently Joe was awarded the Meritorious Service Medal (MSM) from The Governor General of Canada.

Joe is also the Executive Director and Co-Founder of The Push for Change Foundation, a charity advocating for youth homelessness prevention. Joe walked 9064KM across Canada from May 1, 2016 until September 29, 2017, pushing a shopping cart to raise money and awareness about youth homelessness.

Danna Ormstrup and Pam Henheffer - "Think FASD" and "FASD 101"

After unanimous requests to have Danna return and share more information with us, Danna has agreed to speak at this year's conference for a full day! Danna has been the founder and Executive Director of the *Foothills Fetal Alcohol Society* for over 25 years. She is viewed as a leader and initiator of change in FASD Communities both provincially and internationally. Her Society promotes face to face support for individuals, families, schools and the justice system. Their agency's successful model of program delivery has been well documented.

Danna brings her belief that working with people who have been prenatally exposed to alcohol has been the most challenging, yet most rewarding role she has had. Her role in her agency combines care and support of families, prevention and awareness initiatives, and professional education and support.

Pam is the Program Manager for *Foothills Fetal Alcohol Society*. Prior to engaging in direct program delivery to those with FASD, she was the Assist. Manager in a family based residential program for children in government care for 18 years. Her and her husband were also directors of their own supported independent living/foster care program.

Danna and Pam will explore the many ways that average citizens, caregivers and professionals can influence the way that FASD is approached in workplaces, communities and homes. In their full day workshop, participants will have the opportunity to learn about evidence-based practices in the field of FASD that may help to guide both prevention programming and intervention work with those affected by FASD, their families and their communities.

Participants will learn about and better understand the way an individual's brain works and it's implications for the work and home environment. Explore reasons for complicated behaviors related to brain functioning and strategies to reduce the challenges.

Danna and Pam will be also offering a session = FASD 101. This session will be an interactive time more about FASD but were afraid to ask!

David Gerry and Tim Windle (Due to David being in Ireland and Tim being of poor health, this session will be a video session with a Q and A following).

Tim Windle has been working for 6 years with Dave Gerry on a pilot housing project in Abbotsford, B.C. called "Willow Place". This is a six way partnership between four government departments and the John Howard Society. Because Tim caused the 4 government departments to work together, he has played an absolutely critical/crucial role in the creation and delivery of this breakthrough program.

David Gerry is a strong advocate who is recognized as a leader of change. He is a parent of a child with FASD and has completed significant leadership initiatives to change government policies in how FASD is recognized and supported in British Columbia and across Canada. He has recently been working in Ireland to educate and promote assessments and supports for families and individuals there. He is the author or several articles in professional journals that have been read by schools, support groups and professionals. He has been especially active with building caregiver support networks.

Bernadette O'Donnell – Train the Trainer for Facilitating Adult Support Groups

Bernadette has her Masters in Education and is the Executive Director of the FASD Okanagan Valley Assessment and Support Society. She brings years of experience working with children, youth and adults with FASD. She was a school administrator, instructor at University of Calgary, St. Mary's University and Columbia College. She also coordinated the FASD Extended Support Program for Adults With FASD at the Calgary John Howard Society. She has led support groups for adults with FASD over an extended period of time in Alberta as well as in the Okanagan Valley. Bernadette has played a significant role in opening and operating the only FASD assessment clinic in the interior of B.C.. The clinic she operates also offers support to those impacted by FASD and their caregivers. Advocating for FASD education and change has been her passion.

Session Speakers

Dr. Rod Densmore, Myles Himmelreich , CJ Lutke – FASD and the Importance of a Full Body Assessment

For the past several decades, the widely held assumption in the field of fetal alcohol spectrum disorder (FASD) research has been that a fetus's brain is by far more vulnerable to the damaging effects of alcohol exposure than any other part of its developing body. *New research initiated by Myles and CJ and replicated by the W.H.O. reveal that prenatal alcohol exposure impacts the entire body, not just the brain.* The findings identified 428 comorbid (co-occurring) conditions in people with FASD. The speakers in this

session will speak to the recent research and implications for a full body assessment when diagnosing FASD.

Dr. Margaret Newbury-Jones – Sexuality and FASD

Margaret has been working in the disability field for her entire career. She is well known for her easy-going manner and her ability to facilitate fantastic, interactive workshops with self advocates, professionals and families. She loves to work with individuals with complex needs such as FASD and their support teams.

Besides her doctorate, she has certification in Complex Trauma and Child Sexual Abuse Intervention with the Justice Institute of British Columbia.

Please NOTE that Dr. Newbury-Jones session is a full day session. The afternoon session is a continuation from the morning work. The afternoon session is NOT a repeat of the morning.

Constable Peter Wigand – “FASD and Policing”

Const. Wigand has been the full-time officer working in the justice project with the Lethbridge, Alberta Police. His department members are the conduit for youth with FASD as they navigate through the policing justice system. This justice project helps individuals, families, and other police constables better understand the disorder while in their line of work.

The goal of this session will be to provide information about FASD and it's intersection with the justice system. Constable Wigand will describe the FASD Project Officer's role in working with youth and families with FASD in his community.

Julie Nanson – Best Practice and FASD Diagnosis During Intake at Justice Institutions

Julie is the Executive Director of the Central Alberta FASD Network. Julie has worked in the United States and other provinces in Canada. She has twenty-five years of experience working in the human services field, as a clinician working directly with people living with addiction and mental health issues, including persons with FASD and their caregivers. Julie is a firm believer in person-centered care and empowering individuals to choose their own healing path.

She will share with us a best practice model of FASD assessment and program delivery used in the Bowden Federal Institution with inmates entering the facility.

Nicole Williams – Indigenous Family Support

Nicole is a mother raising several children, some with FASD. She is the Aboriginal Infant Development Consultant and Early Team Leader with the Secwepemc Child and Family Services in the Kamloops area. She will share her knowledge and experiences with us the challenges and strategies that families, communities and school systems could use to become closer working and respectful teams.

Cori Christensen – FASD Support in the School

Cori is a well-known Resource Teacher with SD23 in Kelowna, BC. She is a very strong advocate for children, youth and families who are looking to access a diagnosis for FASD. She also offers professional development and support to classroom staff including teachers, teacher assistants and administrators as they design and deliver effective programming for students in the schools. She works closely with POPFASD to ensure access up to date research and how to apply this knowledge in the classroom. She has recently been working with POPFASD on piloting a presentation and awareness model of program delivery in grades 8 -11 in school districts. This is a locally designed project – authored by Jessica Renfrew.

Dr. Rod Densmore -Transitioning from Youth to Adult.

Dr. Densmore, a father of four daughters, one with FASD, will be presenting a session how the transition between youth to adult for individuals with FASD. What are the issues; what are the strategies to move through this difficult transitional time. Dr. Densmore presented this session as a podcast that was presented internationally. He was a member of 8 Canadian doctors asked to design medical algorithms for pharmaceuticals that would be effective for those with FASD.

He has published a book titled, “Relationships and FASD” and he has been a significant, acclaimed speaker at the International FASD Conferences.

